Dessert Days
Nutritional Information

Original Cheesecake - #3040

Nutrition Facts

Serving Size 1 Slice (128g)
Servings Per Container 16

Calories 480
Calories from Fat 290

Amount/serving	% Daily Value*
Total Fat 32g	50 %
Saturated Fat 18g	92 %
Trans Fat 2.0g	
Cholesterol 125mg	42 %
Sodium 460mg	19 %

Amount/serving	% Daily Value*
Total Carbohydrate 40g	13 %
Dietary Fiber 1g	3 %
Sugars 31g	
Protein 7g	

Vitamin A 20% • Vitamin C 0% • Calcium 8% • Iron 6%
Thiamin 8% • Riboflavin 8% • Niacin 4% • Folic Acid 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), SUGAR, EGGS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOUR CREAM TOPPING (CULTURED MILK, CREAM, MODIFIED CORN STARCH, GELATIN, CAROB BEAN GUM, CARRAGEENAN, POTASSIUM CHLORIDE), PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OILS), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: GRAHAM FLOUR, CORN, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OILS), MODIFIED CELLULOSE, NATURAL AND ARTIFICAL FLAVORS, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE), CORN STARCH, MOLASSES, XANTHAN AND GUAR GUMS, PROPYLENE GLYCOL ESTERS, CINNAMON, MONO-AND DIGLYCERIDES, SOY LECITHIN, LACTYLIC STEARATE, IRON, THIAMIN MONONITRATE, NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, FOLIC ACID, CALCIUM PANTOTHENATE, RIBOFLAVIN , SOY FLOUR
ALLERGEN STATEMENT: CONTAINS MILK, EGGS, WHEAT AND SOY

Strawberry Swirl Cheesecake - #3045

Nutrition Facts (Unprepared)

Serving Size 125 g
Servings Per Container 7.032

Amount Per Serving
Calories 410 Calories from fat 230

	% Daily Value*
Total Fat 27 g	41%
Saturated Fat 16 g	78%
Trans Fat 0 g	
Cholesterol 105 mg	35%
Sodium 330 mg	14%
Total Carbohydrate 37 g	12%
Dietary Fiber 1 g	2%
Sugar 28 g	0%
Protein 6 g	0%
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	2%

(-) Information is currently no available for this nutrient.
* Percent Daily Values are based on a 2,000 calorie diet Your daily values may be higher or lower depending on your calorie needs:**
** Percent Daily Values listed below are intended for adults and children over 4 years of age. Foods represented or purported to be for use by infants, children less than 4 years of age, pregnant women, or lactating women shall use the RDI's that are specified for the intended group provided by the FDA.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), SUGAR, EGGS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOUR CREAM TOPPING (CULTURED MILK, CREAM, MODIFIED CORN STARCH, GELATIN, CAROB BEAN GUM, CARRAGEENAN, POTASSIUM CHLORIDE), PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTON SEED OILS), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: GRAHAM FLOUR, CORN, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT VEGETABLE OIL (SOYBEAN AND/OR COTTON SEED OILS), MODIFIED CELLULOSE, NATURAL AND ARTIFICIAL FLAVORS, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE; CORN STARCH, MOLASSES, XANTHAN AND GUAR GUMS, PROPYLENE GLYCOL ESTERS, CINNAMON, MONO-AND DIGLYCERIDES, SOY LECITHIN, LACTYLIC STEARATE, IRON, THIAMIN MONONITRATE, NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, FOLIC ACID, CALCIUM PANTOTHENATE, RIBOFLAVIN, SOY FLOUR

Allergen Values (FDA)
Contains: Milk, Eggs, Wheat, Soy

Cookies & Cream Cheesecake - #3050

Nutrition Facts (Unprepared)

Serving Size 125 g		
Servings Per Container 7.032		
Amount Per Serving		
Calories 420	Calories from fat 180	
		% Daily Value*
Total Fat 20 g		31%
Saturated Fat 11 g		54%
Trans Fat 0 g		
Cholesterol 70 mg		23%
Sodium 500 mg		21%
Total Carbohydrate 52 g		17%
Dietary Fiber 2 g		9%
Sugar 32 g		0%
Protein 6 g		0%
Vitamin A		2%
Vitamin C		0%
Calcium		4%
Iron		8%

(-) Information is currently no available for this nutrient.
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:**
** Percent Daily Values listed below are intended for adults and children over 4 years of age. Foods represented or purported to be for use by infants, children less than 4 years of age, pregnant women, or lactating women shall use the RDI's that are specified for the intended group provided by the FDA.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZERS (CAROB AND/OR XANTHAN AND/OR GUAR GUMS), WATER, WHEY PROTEIN CONCENTRATE, MODIFIED FOOD STARCH, SALT, CREAM, LACTIC ACID, MILK, POTASSIUM SORBATE (PRESERVATIVE), XANTHAN GUM, CHEESE CULTURE, NATURAL FLAVOR, ENZUMES), HYDROX COOKIES (ENRICHED FLOUR, WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIVOFLAVIN, FOLIC ACID, SUGAR, SOYBEAN OIL, COCOA, CHOCOLATE LIQUOR, HIGH FRUCTOSE CORN SYRUP, SODIUM BICARBONATE, SALT, DEXTROSE, YELLOW CORN FLOUR, SOY LECITHIN), CHOCOLATE COOKIE CRUMB (ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), COCOA PROCESSED WITH ALKALI, HIGH FRUCTOSE CORN SYRUP, CORN FLOUR, SALT, DEXTROSE, SODIUM BICARBONATE, SOY LECITHIN), SUGAR, EGGS, SOUR CREAM (CULTURED CREAM, FOOD STARCH-MODIFIED, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, POTASSIUM SORBATE (TO PRESERVE FRESHNESS)), MARGARINE (PALM OIL, WATER, SALT, MONO AND DIGLYCERIDES, ARTIFICIAL FLAVOR, COLORED WITH ANNATTO, CALCIUM DISODIUM EDTA, VITAMIN A PALMITATE ADDED), CORNSTARCH, VANILLA, FILTERED WATER, CONCENTRATED ORANGE JUICE, LEMON JUICE, CULTURED WHEAT FLOUR

Allergen Values (FDA)
Contains: Eggs, Milk, Soy, Wheat

Reese Peanut Butter Cheesecake - #3055

Nutrition Facts

Serv. Size 1 piece (125g)
Serv. Per Cont. 7.032
Calories 430
Fat Cal. 230

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 26g	**40%**	**Total Carb.** 44g	**15%**
Sat. Fat 15g	**74%**	Fiber 2g	**6%**
Trans Fat 0g		Sugars 33g	
Cholest. 75mg	**24%**	**Protein** 6g	
Sodium 430mg	**18%**		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 2% • Vitamin C 0% • Calcium 6% • Iron 4%

INGREDIENTS: Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Stabilizers (Carob and/or Xanthan and/or Guar Gums), Water, Whey Protein Concentrate, Modified Food Starch, Salt, Cream, Lactic Acid, Milk, Potassium Sorbate (Preservative), Xanthan Gum, Cheese Culture, Natural Flavor, Enzymes), Reese's Peanut Butter Cups (Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Non Fat Milk, Milkfat, Lactose, and Soy Lecithin and PGPR, Emulsifiers), Peanuts, Sugar, Dextrose, Salt and TBHQ), Graham Crackers (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Whole Wheat/Graham Flour, Sugar, Vegetable Oil Shortening (Partially Hydrogenated Soybean and/or Cottonseed Oils), High Fructose Corn Syrup, Molasses, Honey, Salt, Sodium Bicarbonate), Sugar, Eggs, Sour Cream (Cultured Cream, Food Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Locust Bean Gum, Potassium Sorbate (to preserve freshness)), Chocolate (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa Processed With Alkali, Buttermilk, Cocoa, Milkfat, Hydrogenated Palm Oil, Sorbitan Monostearate And Soya Lecithin And PolySorbate-60, Natural And Artificial Flavors), Margarine (Palm Oil, Water, Salt, Mono and Diglycerides, Artificial Flavor, Colored with Annatto, Calcium Disodium EDTA, Vitamin A Palmitate added), Brown Sugar, Cornstarch, Vanilla, Filtered Water, Concentrated Orange Juice, Lemon Juice, Cinnamon, Cultured Wheat Flour

CONTAINS: Eggs, Milk, Peanuts, Soy, Wheat

Turtle Cheesecake - #3060

Nutrition Facts

Serv. Size 1 piece (125g)
Serv. Per Cont. 7.032
Calories 400
Fat Cal. 220

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 25g	**38%**	**Total Carb.** 39g	**13%**
Sat. Fat 13g	**66%**	Fiber 1g	**5%**
Trans Fat 0g		Sugars 27g	
Cholest. 90mg	**30%**	**Protein** 6g	
Sodium 420mg	**17%**		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 2% • Vitamin C 0% • Calcium 6% • Iron 4%

INGREDIENTS: Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Stabilizers (Carob and/or Xanthan and/or Guar Gums), Water, Whey Protein Concentrate, Modified Food Starch, Salt, Cream, Lactic Acid, Milk, Potassium Sorbate (Preservative), Xanthan Gum, Cheese Culture, Natural Flavor, Enzymes), Sugar, Eggs, Graham Crackers (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Whole Wheat/Graham Flour, Sugar, Vegetable Oil Shortening (Partially Hydrogenated Soybean and/or Cottonseed Oils), High Fructose Corn Syrup, Molasses, Honey, Salt, Sodium Bicarbonate), Sour Cream (Cultured Cream, Food Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Locust Bean Gum, Potassium Sorbate (to preserve freshness)), Caramel (Sweetened Condensed Whole Milk, Corn Syrup, Palm Oil, Cream, Water, Glycerin, Pectin, Salt, Disodium Phosphate, Soy Lecithin as an emulsifier, Natural and Artificial Flavors, Carrageenan, and Potassium Sorbate), Margarine (Palm Oil, Water, Salt, Mono and Diglycerides, Artificial Flavor, Colored with Annatto, Calcium Disodium EDTA, Vitamin A Palmitate added), Pecans, Chocolate (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa Processed With Alkali, Buttermilk, Cocoa, Milkfat, Hydrogenated Palm Oil, Sorbitan Monostearate And Soya Lecithin And PolySorbate-60, Natural And Artificial Flavors), Brown Sugar, Cornstarch, Vanilla, Heavy Cream (Heavy Cream, Carrageenan, and Mono and Diglycerides), Filtered Water, Concentrated Orange Juice, Lemon Juice, Dulce de Leche Flavor (Water, Propylene Glycol, Alcohol, Sugar, Salt), Black Cocoa, Cinnamon, Cultured Wheat Flour, Glucose, Corn Syrup

CONTAINS: Eggs, Milk, Nuts, Soy, Wheat

Gourmet Apple HI Pie - #4000

Nutrition Facts

Serving Size 1/8 Pie (159g)
Servings Per Container 8

Calories 400
Calories from Fat 210

Amount/serving	% Daily Value*
Total Fat 23g	**35** %
Saturated Fat 10g	**52** %
Trans Fat 0g	
Cholesterol 10mg	**3** %
Sodium 360mg	**15** %

Amount/serving	% Daily Value*
Total Carbohydrate 58g	**19** %
Dietary Fiber 3g	**11** %
Sugars 30g	
Protein 3g	

Vitamin A 2%	• Vitamin C 0%	• Calcium 0%	• Iron 8%
Thiamin 8%	• Riboflavin 4%	• Niacin 4%	• Folic Acid 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: APPLES, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATMEAL CINNAMON STREUSEL [SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), ROLLED OATS, CANOLA OIL, CINNAMON, SALT, SODIUM BICARBONATE, NATURAL FLAVOR, NUTMEG EMULSION], VEGETABLE OIL (PALM, SOYBEAN AND/OR COTTONSEED OILS), BUTTER (CREAM, SALT). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING : FRACTIONATED PALM KERNEL OIL, MODIFIED CORN STARCH, HIGH FRUCTOSE CORN SYRUP, SALT, PARTIALLY HYDROGENATED PALM KERNEL OIL, CINNAMON, SOY LECITHIN, ANNATTO EXTRACT (COLOR), CORN STARCH, MALIC ACID, SOY FLOUR.
ALLERGEN STATEMENT : CONTAINS WHEAT, MILK AND SOY

Southern Pecan Pie - #4005

Nutrition Facts

Serving Size 1/8 Pie (128g)
Servings Per Container 8

Calories 520
Calories from Fat 220

Amount/serving	% Daily Value*
Total Fat 25g	**38** %
Saturated Fat 8g	**40** %
Trans Fat 0g	
Cholesterol 75mg	**25** %
Sodium 530mg	**22** %

Amount/serving	% Daily Value*
Total Carbohydrate 70g	**23** %
Dietary Fiber 1g	**4** %
Sugars 29g	
Protein 5g	

Vitamin A 8%	• Vitamin C 0%	• Calcium 2%	• Iron 8%
Thiamin 15%	• Riboflavin 10%	• Niacin 6%	• Folic Acid 15%
Pantothenic Acid 6%	•		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CORN SYRUP, EGGS, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PECANS, VEGETABLE OIL (PALM, AND SOYBEAN OIL), MARGARINE [VEGETABLE OIL (PALM AND SOYBEAN OIL), WATER, SALT, MONO- AND DIGLYCERIDES, ANNATTO (COLOR), CALCIUM DISODIUM EDTA (PRESERVATIVE), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE]. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, HIGH FRUCTOSE CORN SYRUP, NATURAL AND ARTIFICIAL FLAVOR, CARRAGEENAN, SOY FLOUR.
CONTAINS WHEAT, EGGS, PECANS, AND SOY

Fruits of the Forest - #4025

Nutrition Facts (Unprepared)

Serving Size 136 g

Servings Per Container 10

Amount Per Serving

Calories 370 Calories from fat 180

	% Daily Value*
Total Fat 20 g	31%
Saturated Fat 9 g	45%
Trans Fat 0 g	
Polyunsaturated Fat 3.5 g	0%
Monounsaturated Fat 7 g	0%
Cholesterol 0 mg	0%
Sodium 370 mg	15%
Potassium 55 mg	2%
Total Carbohydrate 43 g	14%
Dietary Fiber 1 g	4%
Sugar 17 g	0%
Protein 3 g	0%
Vitamin A 42.67	0%
Vitamin C 31.12 mg	0%
Calcium 39.62 mg	4%
Iron 1.74 mg	10%
Vitamin E 0.08	0%
Thiamin 0.005 mg	0%
Riboflavin 0.13 mg	0%
Niacin 1.73 mg	0%
Vitamin B6 1.7 mg	0%
Folate 49.75 µg	0%
Pantothenic acid 0.06 mg	0%
Phosphorous 26.32 mg	0%
Magnesium 8.38 mg	0%
Zinc 0.28 mg	0%

(-) Information is currently no available for this nutrient.
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	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: FRUIT (APPLES, RHUBARB, STRAWBERRIES, RED RASPBERRIES, BLACKBERRIES), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM, SOYBEAN), SUGAR, WATER, CONTAINS 2% OR LESS: MODIFIED CORN STARCH, WHITE GRAPE JUICE CONCENTRATE, SALT. CONTAINS: WHEAT

Allergen Values (FDA)
Contains: Wheat

Suitable For Diet
Kosher Yes

Caramel Apple Nut HI Pie - #4030

Nutrition Facts (Unprepared)

Serving Size 120 g	
Servings Per Container 12	
Amount Per Serving	
Calories 390 Calories from fat 210	
	% Daily Value*
Total Fat 23 g	35%
Saturated Fat 8 g	40%
Trans Fat 0 g	
Polyunsaturated Fat 7 g	0%
Monounsaturated Fat 7 g	0%
Cholesterol 0 mg	0%
Sodium 370 mg	15%
Potassium 65 mg	2%
Total Carbohydrate 43 g	14%
Dietary Fiber 1 g	4%
Sugar 21 g	0%
Protein 4 g	0%
Vitamin A 21.55	0%
Vitamin C 47.47 mg	0%
Calcium 27.63 mg	2%
Iron 1.57 mg	8%
Vitamin E 0.1	0%
Vitamin D	
Thiamin 0.02 mg	0%
Riboflavin 0.12 mg	0%
Niacin 1.49 mg	0%
Vitamin B6 1.44 mg	0%
Folate 47.21 µg	0%
Pantothenic acid 0.09 mg	0%
Phosphorous 45.33 mg	0%
Magnesium 16.21 mg	0%
Zinc 0.45 mg	0%

(-) Information is currently no available for this nutrient.
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	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: APPLES, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN , FOLIC ACID), VEGETABLE OIL (PALM, SOYBEAN), SUGAR, WALNUTS, WATER, CONTAINS 2% OR LESS: MODIFIED CORN STARCH, WHITE GRAPE JUICE CONCENTRATE, SALT, CINNAMON, LEMON JUICE POWDER, NATURAL FLAVOR.CONTAINS: WALNUTS, WHEAT CARAMEL PACKET: SWEETENED CONDENSED WHOLE MILK (MILK, SUGAR), SUGAR, CORN SYRUP, WATER, GLYCERINE, BUTTER (CREAM, SALT), SALT, NATURAL FLAVORS, CARRAGEENAN, SOY LECITHIN. CONTAINS: MILK, SOY, WHEAT, WALNUTS

Allergen Values (FDA)
Contains: Tree Nuts, Milk, Soy, Wheat

Suitable For Diet
Kosher Yes

Pumpkin Pie - #4043

Nutrition Facts (Unprepared)

Serving Size 122 g

Servings Per Container 10

Amount Per Serving

Calories 300 Calories from fat 100

	% Daily Value*
Total Fat 11 g	17%
Saturated Fat 5 g	25%
Trans Fat 0 g	
Polyunsaturated Fat 1.5 g	0%
Monounsaturated Fat 3.5 g	0%
Cholesterol 45 mg	15%
Sodium 370 mg	15%
Potassium 170 mg	5%
Total Carbohydrate 47 g	16%
Dietary Fiber 1 g	3%
Soluble Fiber 0.061 g	0%
Insoluble Fiber 0.001 g	0%
Sugar 20 g	0%
Protein 5 g	0%
Vitamin A 1828.15	35%
Vitamin C 2.15 mg	0%
Calcium 76.78 mg	8%
Iron 1.54 mg	8%
Vitamin D 0.19	0%
Vitamin E 0.61	2%
Thiamin 0.04 mg	2%
Riboflavin 0.19 mg	10%
Niacin 1.2 mg	6%
Vitamin B6 1.07 mg	50%
Folate 41.42 µg	10%
Vitamin B12 0.21 µg	4%
Pantothenic acid 0.4 mg	4%
Phosphorous 82.76 mg	8%
Iodine 0.01 µg	0%
Magnesium 11.57 mg	2%
Zinc 0.66 mg	4%

Allergen Values (FDA)
Contains: Eggs, Milk, Wheat

(-) Information is currently no available for this nutrient.
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** Percent Daily Values listed below are intended for adults and children over 4 years of age. Foods represented or purported to be for use by infants, children less than 4 years of age, pregnant women, or lactating women shall use the RDI's that are specified for the intended group provided by the FDA.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: PUMPKIN, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN , FOLIC ACID), CORN SYRUP, SKIM MILK, HIGH FRUCTOSE CORN SYRUP, EGGS, VEGETABLE OIL (PALM, SOYBEAN), SUGAR, CONTAINS 2% OR LESS: MILK, MODIFIED CORN STARCH, SALT, SPICES (INCLUDES CINNAMON), CARRAGEENAN, RED BEET JUICE (COLOR), GUMS (CAROB BEAN, GUAR, XANTHAN), SODIUM PHOSPHATE, DEXTRIN. CONTAINS: MILK, EGGS, WHEAT

Suitable For Diet
Kosher Yes

Lemon Meringue Pie - #4050

Nutrition Facts

Serving Size 1/10 Pie (130g)
Servings Per Container 10

Amount Per Serving

Calories 270 Calories from Fat 70

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 8g	**13%**	**Total Carbohydrate** 49g	**16%**
Saturated Fat 3.5g	**18%**	Dietary Fiber 1g	**3%**
Trans Fat 0g		Sugars 33g	**0%**
Cholesterol 0mg	**0%**	**Protein** 1g	
Sodium 320mg	**13%**		
Vitamin A	0%	Calcium	0%
Vitamin C	2%	Iron	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, SUGAR, HIGH FRUCTOSE CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON,THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (PALM AND SOYBEAN OILS), CORN SYRUP, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: EGG WHITES, CORN STARCH, SODIUM PHOSPHATE, SODIUM ALUM, CREAM OF TARTAR, GUMS (GUAR, CAROB BEAN, CELLULOSE, XANTHAN), AGAR, SALT, LEMON JUICE CONCENTRATE, CITRIC ACID, SODIUM CITRATE, CARRAGEENAN, KONJAC FLOUR, DEXTROSE, NATURAL FLAVOR, COLORED WITH (ANNATTO AND TURMERIC EXTRACT), SOY FLOUR. CONTAINS WHEAT, EGGS AND SOY

Cherry Pie - #4051

Nutrition Facts

10 servings per Container

Serving Size
1/10 PIE (130G)

Calories per serving **310**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 13g	**17%**	**Total Carbohydrate** 45g	**16%**
Saturated Fat 6g	**30%**	Dietary Fiber 1g	**4%**
Trans Fat 0g		Total Sugars 18g	
Cholesterol 0mg	**0%**	Includes 13g Added Sugars	**26%**
Sodium 290mg	**13%**	**Protein** 3g	
Vitamin D 0mg	0%	Iron 2mg	10%
Calcium 10mg	0%	Potassium 90mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CHERRIES, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (PALM, SOYBEAN AND/OR COTTONSEED OILS), SUGAR, CORN SYRUP, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: HIGH FRUCTOSE CORN SYRUP, SALT, SOY FLOUR. CONTAINS WHEAT AND SOY.

Chocolate Cream Pie - #4045

Nutrition Facts (Unprepared)

Serving Size 128 g	
Servings Per Container 6	
Amount Per Serving	
Calories 410	Calories from fat 200
	% Daily Value*
Total Fat 22 g	34%
Saturated Fat 15 g	75%
Trans Fat 0 g	
Polyunsaturated Fat 1.5 g	0%
Monounsaturated Fat 3 g	0%
Cholesterol 0 mg	0%
Sodium 310 mg	13%
Potassium 115 mg	3%
Total Carbohydrate 50 g	17%
Dietary Fiber 2 g	8%
Soluble Fiber 0.016 g	0%
Insoluble Fiber 0.036 g	0%
Sugar 33 g	0%
Protein 2 g	0%
Vitamin A 64	0%
Vitamin C 0.02 mg	0%
Calcium 38.66 mg	4%
Iron 1.31 mg	8%
Vitamin E 0.06	0%
Thiamin 0.1 mg	6%
Riboflavin 0.07 mg	4%
Niacin 0.99 mg	6%
Vitamin B6 0.002 mg	0%
Folate 0.07 µg	0%
Pantothenic acid 0.02 mg	0%
Phosphorous 50.3 mg	6%
Magnesium 7.86 mg	2%
Zinc 0.08 mg	0%

(-) Information is currently no available for this nutrient.
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:**
** Percent Daily Values listed below are intended for adults and children over 4 years of age. Foods represented or purported to be for use by infants, children less than 4 years of age, pregnant women, or lactating women shall use the RDI's that are specified for the intended group provided by the FDA.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: WHEY, SUGAR, HIGH FRUCTOSE CORN SYRUP, WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HYDROGENATED PALM KERNEL OIL, VEGETABLE OIL (PALM OIL AND SOYBEAN OILS), GRAHAM FLOUR, SPRINKLES [SUGAR, COCOA (PROCESSED WITH ALKALI), VEGETABLE OIL (PALM AND PALM KERNEL OILS), CORN SYRUP, CORN STARCH, SOY LECITHIN, CONFECTIONER'S GLAZE, CARNAUBA WAX], MODIFIED CORN STARCH, CONTAINS 2% OR LESS: COCOA PROCESSED WITH ALKALI, SALT, NATURAL AND ARTIFICIAL FLAVORS, GUMS (CARBOHYDRATE AND XANTHAN GUMS), MOLASSES, SOY LECITHIN, BETA-CAROTENE(COLOR), DISODIUM PHOSPHATE, POLYGLYCEROL ESTERS OF FATTY ACIDS, POLYSORBATE 60, SODIUM CITRATE, COCOA EXTRACT, DEXTROSE, MONO AND DIGLYCERIDES, BAKING SODA, HONEY, CHOCOLATE. CONTAINS: MILK, WHEAT AND SOY

Allergen Values (FDA)
Contains: Milk, Soy, Wheat

Suitable For Diet
Kosher Yes

Boston Cream Pie - #4049

Nutrition Facts			
10 servings per Container			
Serving Size 1/10 PIE (94G)			
Calories per serving	**250**		
Amount/serving	**% Daily Value***	**Amount/serving**	**% Daily Value***
Total Fat 9g	**12%**	**Total Carbohydrate** 40g	**15%**
Saturated Fat 4g	**20%**	Dietary Fiber 0g	**0%**
Trans Fat 0g		Total Sugars 26g	
Cholesterol 30mg	**10%**	Includes 24g Added Sugars	**48%**
Sodium 250mg	**11%**	**Protein** 3g	
Vitamin D 0mg	0%	Iron 1mg	6%
Calcium 65mg	6%	Potassium 105mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PROCESSED WITH ALKALI, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), SALT, MONO- AND DIGLYCERIDES, POLYSORBATE 60 65, NATURAL AND ARTIFICIAL FLAVORS, GUMS (CARBOHYDRATE, XANTHAN, GUAR), SOY LECITHIN, CARRAGEENAN, COLORED WITH (BETA-CAROTENE, ANNATTO EXTRACT, TURMERIC, APOCAROTENAL), DEXTROSE, DISODIUM PHOSPHATE, POLYGLYCEROL ESTERS OF FATTY ACIDS, SODIUM CITRATE, CHOCOLATE, CORN STARCH, WHEAT STARCH, SODIUM STEAROYL LACTYLATE, CREAM OF TARTAR. CONTAINS: MILK, SOY, WHEAT, EGGS

Cinnaroll - #3099

Nutrition Facts			
Serving Size 1 roll (79g)			
Servings per container 12			
Calories 300			
Calories from Fat 110			
Amount/serving	**% Daily Value***	**Amount/serving**	**% Daily Value***
Total Fat 12g	**19 %**	**Total Carbohydrate** 44g	**15 %**
Saturated Fat 3.5g	**18 %**	Dietary Fiber 3g	**12%**
Trans Fat 0g		Sugars 22g	
Cholesterol 5mg	**2 %**	**Protein** 4g	
Sodium 280mg	**12 %**		
Vitamin A 8% • Vitamin C 0% •		Calcium 4% • Iron 10%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber	25g	25g	30g

Ingredients:

WHITE FLOUR, WATER, BROWN SUGAR,VEGETABLE OIL SHORTENING (MADE FROM MODIFIED PALM AND PALM KERNEL OILS), CREAM CHEESE, ICING SUGAR, CORN STARCH, YEAST, DEXTROSE, CINNAMON, WHEY POWDER, BAKING POWDER, SALT, SOYA FLOUR, MALT FLOUR, SODIUM STEARYOL-2-LACTYLATE, MONO AND DIGLYCERIDES, CALCIUM SULFATE, AMYLASE, XANTHAN GUM, NATURAL AND ARTIFICIAL FLAVOURS. CONTAINS WHEAT, BARLEY, MILK, AND SOY PRODUCTS. MAY CONTAIN EGGS, PEANUTS, TREE NUTS, SULPHITES, AND SESAME SEEDS.

HANDLING: KEEP AWAY FROM MOISTURE AND HEAT WHILE BEING SHIPPED– MAINTAIN

AT -10° CELSIUS (14° FARENHEIT)-THAW AT ROOM TEMPERATURE—STORE AT ROOM TEMPERATURE

ONCE THAWED.